

Coffee with the Counselors:

Preparing for Success
in Middle School and
Beyond



Today's Agenda

- Introduce Counseling Team & Social/Emotional supports on Campus
- Explain School Counselor's role and how to contact
- Review Skills to be Successful in Middle School
- Survey for Future topics and times
- Questions



Counseling Team

Ms. Deszcz (6th Grade Counselor)

Mr. Anderson (7th Grade Counselor)

Mrs. Zanartu (8th Grade Counselor)

Ms. Cassandra (504 & Special Programs)

Ms. Rochelle (Mental Health Specialist)



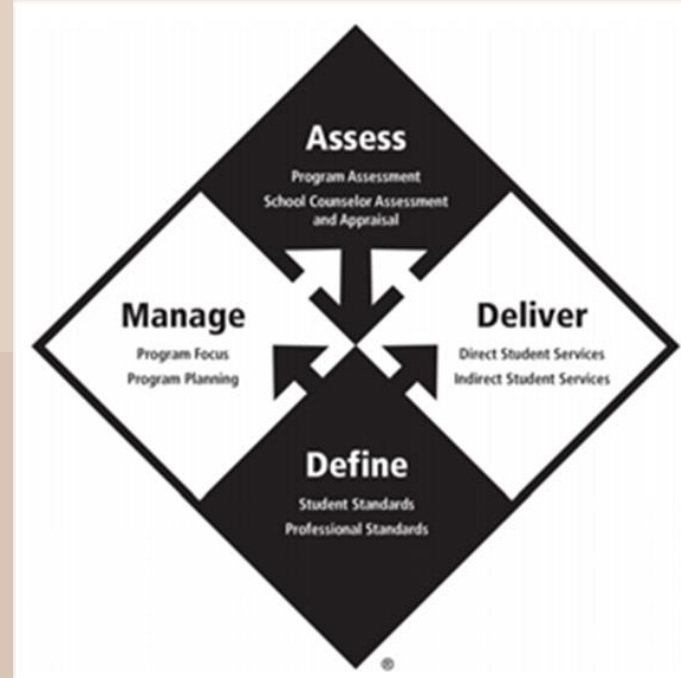
School Counseling Domains

- ★ Academic
- ★ Social Emotional
- ★ College & Career



What is a School Counselor?

Leaders, Advocates, and Systems Change Agents



School Counseling Classroom Lessons



Grade 6: Interest Profiler (CC), Bully Prevention(SE), and Course Registration(A)

Grade 7: Career Search (CC), Sexual Harassment(SE), and Course Registration (A)

Grade 8: A-G's, CTE, & HS Pathways (CC), Healthy Relationships (SE), and HS Presentation/ Course Selection (A)



School Counseling Program Goals



Attendance- Decrease the number of students that are chronically absent.

Academics- Decrease the number of D's & F's in core academics.

Social/ Emotional- Increase support and interventions

Tips to Succeed in Middle School

A decorative image featuring a large, white, serif number '2' centered over a photograph of dried, golden-brown reeds or grasses. The background of the image is a soft, muted brown. The entire image is set against a larger background that is a gradient of light beige to a slightly darker tan at the bottom.

2

Tips for Helping your child succeed in Middle School.



- Create a **schedule**
- Using & Checking **Student planner** daily
 - To write down important deadlines
 - Make a checklist
- Create a **study space** & plan for **2 hrs of homework**
- Help your child **prioritize** busy afternoons
- Assist them in **organizing** their backpack weekly
- Get a **good night sleep** (9 to 11 hours)
- **Attendance** - be present, pay attention, plan ahead

Office Hours

OFFICE HOURS



Priority SCHEDULE



WEEK 1: AUGUST 7 - 11, 2023

Perseverance. Respect. Integrity. Dedication. Excellence



	THURSDAY - 8/10	FRIDAY - 8/11	OFFICE HOURS
MATH			
SCIENCE			
LANG. ARTS			
HISTORY			
ELECTIVE			
PLAN FOR OFFICE HRS	Math		

Office Hour INVITES




Every Wednesday, Use
This Space to Make a Plan



WEEK 1: AUGUST 7 - 11, 2023

Perseverance. Respect. Integrity. Dedication. Excellence



	THURSDAY - 8/10	FRIDAY - 8/11	OFFICE HOURS
MATH			
SCIENCE			
LANG. ARTS			
HISTORY			
ELECTIVE			
PLAN FOR OFFICE HRS			

Planners: Write the subject of priority at the top of each Wednesday

1

Date	Subject With Priority
8/16	What are Office Hours? Keep your Period 6.
8/23	ELA
8/30	Math
9/6	SS
9/13	Science
9/20	ELA
9/27	Math
10/4	SS
10/11	AVID Organization Day! Keep your Period 6
10/18	Science
10/25	ELA
11/8	Math
11/15	TMS Homecoming Rally- No Office Hours
11/29	SS
12/6	Science
12/13	Math



2

Date	Subject With Priority
1/10	Science
1/17	ELA
1/24	Tentative High School Kick Off! No Office Hours
1/31	Math
2/7	SS
2/14	Science
2/21	ELA
2/28	Math
3/6	SS
3/13	Science
3/20	ELA
3/27	Math
4/10	AVID Organization Day- Keep your Period 6
4/17	SS
4/24	ELA
5/1	Math
5/8	Science
5/15	ELA
5/22	Math

Office Hours TMS SCHOLAR



**3.0-4.0 GPA
on the 12-Week
Progress Report
With NO
D's or F's**



**TMS ID Card
Present**

*Redeem your
sticker during
lunch Monday
and Tuesday!*

*This sticker and a
stamp free planner
will give you access
to Office Hours
enrichment.*



Aeries
Student Information System



Utilize School Resources

- ★ Check **Aeries** and **Canvas** daily
 - To **track grades** and **missing assignments**
 - Review classwork, upcoming assignments and additional **resources**
- ★ **Student Planner**
 - Students should be writing **assignments and due dates in it daily**, you can see if a student is **stamped for Office Hours**
- ★ Read The [Thompson Times](#)
(Our Weekly Digital Newsletter)



Encourage your STUDENT TO GET INVOLVED

**CLUB RUSH,
This Friday 8/25
Before School!**

THOMPSON CLUBS



COLORING CLUB

WED- 8:15AM- ROOM 936



STUDENT VENTURE

MON-1ST LUNCH=ROOM 505, 2ND LUNCH=ROOM 206



MINECRAFT CLUB

TUE- 8:30-8:55AM- ROOM 501



BLESS CLUB

WED- 2ND LUNCH 11:30-12:00- ROOM 501



RUBIK'S CUBE

THURS- 8:30-8:55AM- ROOM 501



GUITAR CLUB

FRI- 8:30-8:55AM- ROOM 501



ART CLUB

TUE- 3:05-4:00 PM- ROOM 510



ROBOTICS

(OPEN TO CURRENT ROBO 2&3 STUDENTS)

TUE AND THURS- 8:30-8:55AM- ROOM 501

THOMPSON CLUBS



GAME ON!

WED- 8:15AM - ROOM 801



STAR WARS CLUB

WED- 7:55-8:45AM- ROOM 504



SAFE SPACE

WED- 1ST LUNCH- ROOM 504

DUNGEONS AND DRAGONS CLUB (DND)

FRI- 7:55-8:55AM- BAND ROOM



TMS SPIRIT CLUB

WEEKLY DURING CLASS, ADDITIONAL TUESDAYS AFTER
SCHOOL AS NEEDED (FROM 3:10-4:00PM)- DANCE

ROOM 703

E- SPORTS CLUB

TUE AND FRI- 8:15 TO 8:45AM- ROOM 306



CHOIR CLUB

MON- 8:45-8:55AM- ROOM 803



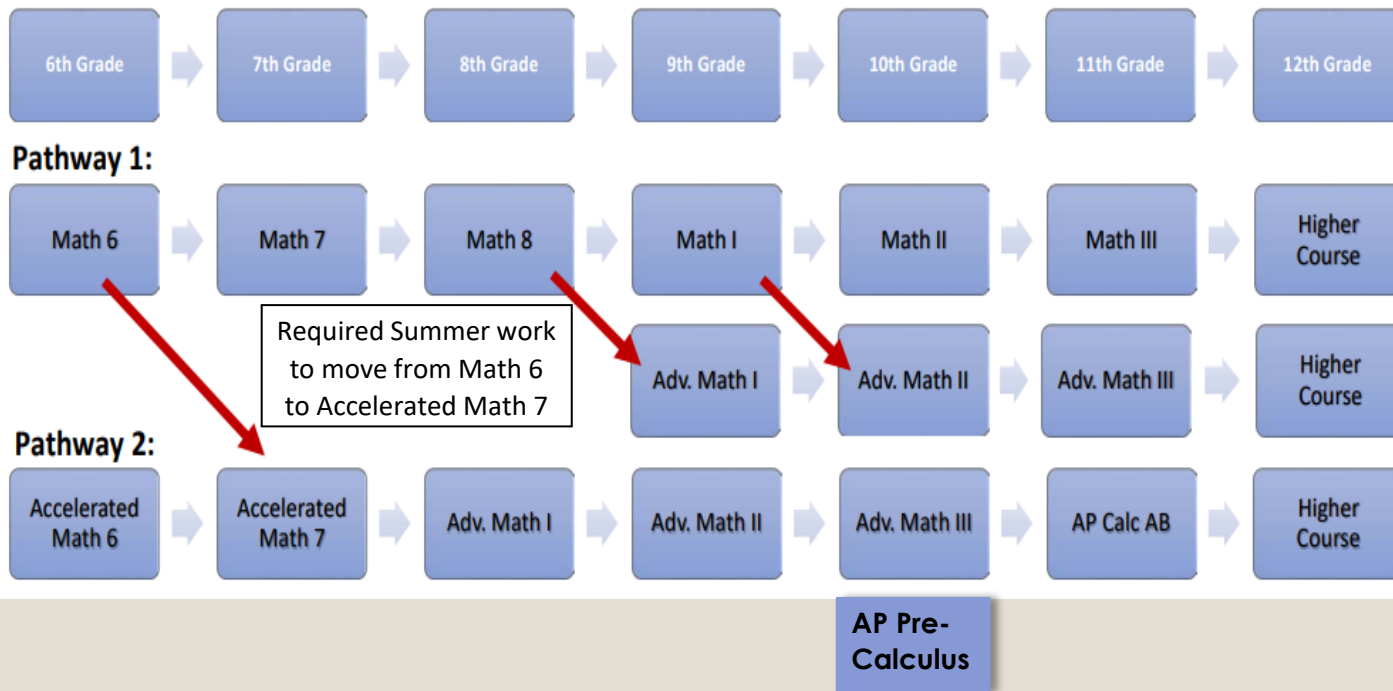
EMBEDDED ADVANCED LANGUAGE ARTS 6

To receive credit as “advanced” on their transcript, students must meet the following criteria:

- 4 on writing throughout the semester using SBAC rubrics
- Meet 2 out of 3 below:
 - Proficient or advanced on RI
 - Grade of “A” at the semester in LA class
 - Score within top 5% of students on common assessments
 - Exceeds Standard on ELA SBAC (In grade 6 will change transcript to reflect advanced)

Math Pathways

MURRIETA VALLEY UNIFIED SCHOOL DISTRICT MATHEMATICS PATHWAY



How Parents Can Get Involved

Join a Committee!

PTA - Parent Teacher Association, contact: **PTSA_TMS@murrieta.k12.ca.us**

LPAC- Latino Parent Advisory Council, contact: **sbrown@murrieta.k12.ca.us**

AAPAC - African American Parent Advisory Council, contact: **dsave@murrieta.k12.ca.us**

ELAC- English Learner Advisory Council, contact: **sbrown@murrieta.k12.ca.us**

SPAC - Special Education Advisory Council, contact: **zpreston@murrieta.k12.ca.us**



Thank you

Questions?

Please take our Survey
(Your Student will earn house points!)



Scan me!

How to Contact Us:

Ms. Deszcz (6th)

jdeszcz@murrieta.k12.ca.us

Mr. Anderson (7th)

eaanderson@murrieta.k12.ca.us

Mrs. Zanartu(8th)

jzanartu@murrieta.k12.ca.us

Ms. Cassandra (504's & Special Programs)

clarson@murrieta.k12.ca.us



Scan me!